

COMPREHENSIVE GREENLANDIC PADDLING SKILLS WORKSHOPS

(HERI AND TURNER ARE SOLE PARTNERS IN <u>KAYAK WAYS LLC</u>, A VENTURE BASED ON THE NOTION THAT THE TRADITIONAL KAYAKING SKILLS OF THE INVIT SEAL (ATCHERS OFFER VALUABLE LESSONS FOR THE MODERN DAY RECREATIONAL KAYAKER. FOR THE LAST SIX YEARS WE HAVE BEEN GOING FAR AND WIDE TEACHING THESE UNIQUELY (ONSISTENT AND PRACTICAL KAYAKING SKILLS.

EXPLORE THE ELEGAN(E AND EASE OF GREENLAND STROKES: (ANTED, SLIDING, VERTICAL, BOW & STERN SWEEPS, BOW & STERN RVDDERS, SCULLING DRAWS.

LEARN THE BALANCE BRACE, SCULLING BRACE, AND CHEST SCULL, AS WELL AS LOW, HIGH, AND DEEP PRY BRACE RECOVERIES. ENGAGE THE EXTENSIVE GREENLAND ROLLING REPETOIRE: LAYBACK FORWARD, AND SCULLING ROLLS WITH THE PADDLE, NORSAO, HAND, AND MORE!

(HERI AND TURNER HAVE MENTORED SKINNY STICK SKILLS ALL OVER THE WORLD. (HERI COMPETED IN THE GREENLAND NATIONAL KAYAKING (HAMPIONSHIPS IN BOTH 2004 & 2005. SHE IS WIDELY REGARDED AS ONE OF THE BEST GREENLAND-STYLE KAYAK ROLLERS IN THE WORLD. TURNER IS ONE OF THOSE RARE PADDLERS OUTSIDE OF GREENLAND WHO BEGAN PADDLING WITH A TRADITIONAL BLADE. HE COMPETED IN THE 2005 GREENLAND NATIONAL KAYAKING (HAMPIONSHIPS IN PAAMIUT, WINNING SIX GOLD MEDALS

(HERI & TURNER WILL BE GIVING ALL DAY GROUP SESSIONS ON <DETAILS HERE>.

MAXIMUM NUMBER OF STUDENTS IS 8

FOR MORE INFORMATION, OR TO SIGN UP, (ONTACT: <FILL OUT HERE>